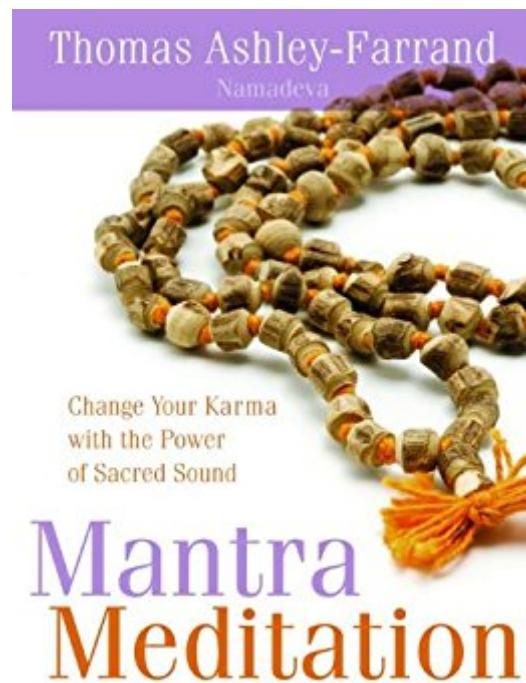


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Mantra Meditation: Change Your Karma With The Power Of Sacred Sound



Synopsis

Through mantra practice, positive karma flows freely into our lives | desires are fulfilled | spiritual abilities manifest | and we have moved another step forward toward moksha "complete spiritual freedom." Thomas Ashley-Farrand Karma: the consequence of all of your actions, decisions, thoughts, and emotions. According to Thomas Ashley-Farrand, karmic patterns from the past are always with you, affecting everything you do "for better or for worse. With Mantra Meditation, you will learn how to use genuine Sanskrit mantras to balance your chakras (your body's seven spinning energy-centers) to dissolve negative karma. When you begin to chant these ancient formulas, teaches Ashley-Farrand, the petals on your chakras begin to resonate, and they pull in spiritual energy. With Mantra Meditation "designed as a 40-day practice or a lifelong tool" your spiritual energy grows, your karma disperses, and your path clears to bring you everything you desire through the fusing of your own efforts and the infinite generosity of the universe. Includes a CD of 15 guided mantra meditations and instructions for Sanskrit pronunciation. NOTE: The cover shown is the paperback version of Mantra Meditation.

Book Information

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Customer Reviews

He is very good at demystifying mantra and making it accessible to those new to Sanskrit and mantra. Loved his pronunciation guide and explanations. However, the Kindle audio link does not work!! I brought this to the attention of 's customer service twice. They said they would remove it until they sorted it out. It is still there, and STILL does not work! I dread calling their awful customer service people again - they can't seem to understand simple statements, and I have to repeat myself 5-6 times to different people. So frustrating! Two options are offered: downloading and streaming - neither works! Update: I just tried chat help. No less delightful: You are now connected to from .com Me: Audio does not work - 3rd complaint - NOTHING done: Hello , my name is Himanshu. I'll be happy to help you today. Me: Which country are you located in?: Mee , I am from india Could you please elaborate your concern, so that I could understand and fix the problem for you? Me: The "Soundstrue" audio does not work in Mantra Meditation by Thomas Ashley Farrand: Mee , Are you facing any issue with kindle device? Me: I spoke twice with customer service. They said they would remove the kindle version from purchase until it is fixed. It is STILL offered for sale and STILL the audio does not work!: A member of our Retail team will need to help you with this. Please hold while I transfer you. One of our retail agent will assist you shortly. A Customer Service Associate will be with you in a moment. You are now connected to Kimberly from .com Kimberly: Thank you for contacting .com my name is Kimberly. I am more than happy to help you with your order.

Mantra is a near exact science where phonetics play a rather important part. I read this book by Thomas Ashley-Farrand and was extremely disappointed. Though he copies extensively from various existing literature on Mantras, it is clear he is yet another of those Western enthusiasts who learned a bit and then ran away to make a few bucks. It is ridiculous that he assumes the title 'Vedacharya' when he lacks even an elementary knowledge of DevanÄ•garÄ«. Let's start with his Kubera Mantra. He takes a highly distorted form of Kubera Vidya, a form of SrÄ«vidyÄ• mantra, the most celebrated mantra in Tantra, and presents it with every letter distorted. Most of the mantras he writes in his books are NÄ•ma (name) mantras, where the names of various deities are repeated in caturthÄ« vibhakti adding namah to the end - this is a general practice of veneration by most Hindus. Yes, taking the names of deities can be powerful as NÄ•ma Japa or remembrance of the name of God, but it is hardly considered a true 'Mantra'! Take for example what he quotes as a 'Shiva' mantra - Om Sarva Kamadaya Namah. This is an epithet found in the SahasranÄ•ma (litany of thousand names) of every male deity! He then butchers the famous MahÄ•gaá ūpati Mantra by omitting a crucial OM at the beginning. There is another weird New Age mantra he comes up with - Aham Prema. This sentence is a terrible botch on every grammatical rule of Sanskrit! I have never

come across this mantra in the Veda, PurĀ•á ḍa or Tantras. This is supposedly meant to convey 'I am Love' - of course, constructed in extremely faulty Sanskrit. The Dhanvantari mantra he writes: Om Sri Dhanvantra Namah.

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